



Please get the **free Studybugs app** for reporting your child's absence due to illness.

<https://studybugs.com>



Report sickness, receive guidance, help improve children's health

See what illnesses are going around

Secure system, all communications encrypted



Working in partnership with:



**Studybugs**

# New City Family Centre



Free Services for Families and Children Under 5

January – July 2024



New City Family Centre, New City Road, Plaistow E13 9PY

020 8325 4546



## Monday

Parent & Toddler  
9am – 10am

## Tuesday

Messy Play  
9am – 10am

## Wednesday

SEND Drop-in  
Coffee Mornings  
8.45am – 9.45am

## Centre Manager

Miss Wendy  
Rainger  
DSL

## Family Support

Ms Allison Dolan

## Thursday

Dance Fit  
9am – 9.45am  
(Please arrive promptly)

Self Defense  
classes- TBC  
1.30pm –  
2.30pm

## Friday

Rhyme time  
Parent & Toddler  
9am – 10am

Food Bank &  
Uniform Swap  
Shop  
2.00pm –  
2.30pm

