

## Cost of Living

You've probably heard people talking about a 'cost of living' crisis and the problems it is causing.

### But what does it actually mean?

Well, it's the price of things around the world and how much money people have to spend on the things that they need - like food, fuel and family life.

### Why are prices going up?

The rising cost of things is **known as inflation**.

That's when, over time, prices rise and how much you can buy with your money falls, so people demand to be paid more in wages, which means it costs companies more to pay people to make things, which then pushes up how much they cost to make and the prices rise... and so on.

The effects can be seen in lots of things including **rising energy prices** and **rising food prices**.

It's not just happening in the UK, it's happening all around the world. Energy prices are a good example of this.

### So what's the problem?

Well, as prices go up, not everyone's pay or benefits are going up at the same time or by the same amount.

If someone's pay or benefits aren't going up at the same time as prices, then the money in their pocket doesn't go as far and buying things gets harder.

Hearing about problems with money at home or in the news can be confusing and worrying.

If there have been changes to your life because your family has less money at the moment, it's OK to feel concerned, or upset about it.

### Talk to someone

Firstly, it's important to talk to someone about how you're feeling.

This could be a teacher, trusted adult at school, a family member, or a friend.

Talking to someone can help you understand exactly why things are changing and can make the situation feel less scary.

There might be something practical they could do to help.

### Try not to take on adult worries

As a child, you aren't responsible for adult matters, and even if you're being told what you can and can't do because your parents or guardians are trying to save money, this isn't because you've done anything wrong.

"You can't control what bills need to be paid for, or how much food is going to cost in the supermarket but you can try things like remembering to turn a light off when leaving a room, or not to leave taps running."

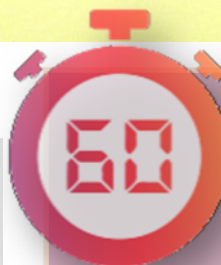
### Look out for others

This is a good time to look out for your friends and other people you might know.

"There might be children in your class, whose families are struggling with money. It can make us feel sad when people we know and **care** about are finding things hard".

"Some small things you can do to help are to be **considerate** when talking about presents or other things you have been bought. You can think about the things you no longer need, like toys or clothes, that could be given to someone else."

Researched and written by Ruby McIntosh.



## seconds

Our in house journalists Aisha Haque and Sameeha Rahman interviewed Ms. Patel.

Read on to find out more!

### Who is your favourite celebrity?

Leonardo DiCaprio.

### What's your favourite song?

Shake it off by Taylor Swift.

### What's your dream job?

I would love to be an astronaut.

### Who is your role model?

It has to be my mum because she is such a strong person and also my best friend.

### When are you getting married?

In August, in a temple.

### Describe your wedding dress.

It's pink and glittery with flowers all over it!



# INTERESTING FACTS



**Did you know?**  
Sudan has more ancient pyramids than Egypt.

The country has **between 200 and 250 pyramids** compared to Egypt's roughly 138, making it the country with the most pyramids.

# GOOD DEED FEED

Thank you to the staff who help us at lunchtimes.

Sameeha 4P



Thank you to all the cleaners who keep our school clean and sparkly.

Aisha 4P



## Multiplication Strategies

See the different ways we used to find  $6 \times 4 = 24$

Use a numberline



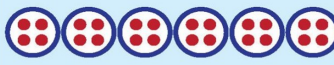
Skip count

Count in 4's  
4, 8, 12, 16, 20, 24

Repeated addition

Keep adding the same number over and over  
 $4 + 4 + 4 + 4 + 4 + 4 = 24$

Draw equal groups



Makes 6 groups of 4

Draw a picture



Draw an array



Makes 6 groups of 4

## Never get it wrong again!

### A - An

a + consonant

lamp  
door  
a + house  
bag  
tomato

an + vowel

apple  
elephant  
an + ice-cream  
orange  
umbrella

A. Write **a** or **an** before the names.



\_\_\_ car



\_\_\_ aeroplane



\_\_\_ parrot



\_\_\_ baby



\_\_\_ doll



\_\_\_ hat



\_\_\_ egg



\_\_\_ rabbit



\_\_\_ apple



\_\_\_ elephant



\_\_\_ cat



\_\_\_ ice-cream



\_\_\_ mouse



\_\_\_ snake



\_\_\_ armchair



\_\_\_ ladybug

## did you know?

There are lots of interesting landmarks, towns and cities all over the United Kingdom. How many have you been to?

- Yorkshire Dales
- Cairngorms
- Balmoral
- Highlands
- Norfolk Broads
- New Forest
- Jodrell Bank
- Corfe Castle
- Blackpool Tower
- Roman Baths
- Lake District
- Enniskillen Castle
- Dartmoor
- Portmeirion
- Gower Peninsula
- Canterbury Cathedral
- Sherwood Forest
- Plymouth Hoe
- Bodmin Moor
- Gretna Green
- Cotswolds
- Exmoor
- Longleat
- Ben Nevis

90°

## Joke of the Day

Are you feeling cold?

Me: Yes.

Stand in the corner, it's 90 degrees!

