

New City Primary School Newsletter



HealthySchools
Self-validated 2020 - 2023



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Head Teacher Update

Dear parents and carers

On November 20th Newham will be implementing the Healthy School scheme whereby the roads around the school will be closed to cars from 8:00–9:00 and 2:30–3:30. This is to improve our environment. There is a parent workshop on November 13th at 3:00

Thank you all for your support over the half term. I hope you have a wonderful 2 weeks with your families and friends. See you all on November 6th

Thank you for all your support

Best wishes Mrs Stone



Important dates—Autumn Term 2023

October 20th – End of half term

November 6th – First day of Autumn 2

November 6th—Year 6 at IntoUniversity

November 8th—National Stem Day

November 13th—Anti-Bullying Week +World Kindness Day

November 13th—Y2 visit the Soames Centre

November 13th—Healthy Schools Workshop for parents at 3:00

November 17th – Children in Need Day

November 20th—Healthy Schools starts

November 20th – Road Safety Week

November 20th – Y1 visit the local area

November 20th – Y6 at IntoUniversity

November 22nd – Individual photos

November 23rd – Open Day for EYFS

Please note all information regarding dates, policies and the curriculum can be found on our website at www.newcity.boleyntrust.org

Hello Yellow Day



On Friday 13th October, everyone at New City dressed up in their best yellow outfits to raise awareness of Children's Mental Health. Throughout the day, all of our lessons focused on recognising and managing our emotions by using the Zones of Regulation. All our pupils thoroughly enjoyed themselves, with our Deputy Headboy Dawud (6J) proclaiming it "the best day of Year 6 so far!". A huge

thank you to all of our New City families who donated to support Young Minds, the children's mental health charity. We raised £171.78!



Year 6 at IntoUniversity

This week, 6C have had the amazing opportunity to participate in their IntoUni Focus Week. It has been an incredible week, in which they have focused on the topics of engineering and university. They have carried out numerous practical activities such as building towers with marshmallows and spaghetti and an egg drop. They have also been on a trip to Tower bridge to learn all about the mechanics of it and the week culminated in a very special graduation at Queen Mary University. It has been an unforgettable week and the whole class have represented the school magnificently!



Junior Nutrition

This week a number of children began the Junior Nutrition Kitchen Programme, designed to teach families the importance of eating well and making healthy lifestyle choices. Everyone greatly enjoyed learning how to measure different ingredients and prepare a delicious salad.



Black History Month

This week New City celebrated Black History Month by hosting workshops exploring the history of people of African and Caribbean descent in the UK and learning more about the Windrush Generation. The children have really enjoyed the workshops and have deepened their understanding of British and Black History.



Star of the Week

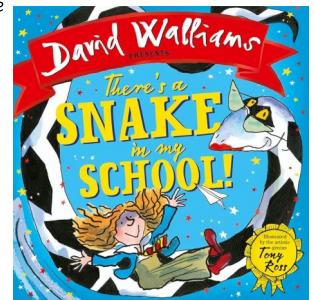
RG—Aliza RS—Karim RT—Alayna
ID—Kamari IK—Maya IS—Arisha

2R—Mahamita 2P—Avia 3G—Najeem 3B—Carolina
3D—Ziya 4S—Zakaria 4C—Jannat 4B—Khadijah 5M—Joel
5T—Naheem 5K—Sameeha 6J—Zoya 6K—Mujtaba
6C—All of 6C LH—Fahd



Mr Freeland's Book Review

Miranda loves to be different so no one is really surprised when she arrives at school on Bring-your-pet-to-school Day riding on the back of an enormous slithery python called Penelope. But they are a bit frightened. After all, pythons EAT people. Miranda, however, soon convinces her classmates that Penelope is both friendly and lots of fun to play with. It looks like it's going to be the best day of school EVER. But that's before Miss Bloat, the headmistress, intervenes and locks up all the pets. Luckily Penelope has a special talent that will save the day. As you would expect from a book from David Walliams, this is a story full of slightly strange and far-fetched ideas where anything is possible and fantasy merges into reality. Funny and fast-moving, kids will love it. Younger children will enjoy having the story read to them while those who can read for themselves will giggle as they read Miranda and Penelope's escapades for themselves. Children will also adore the stylised and vibrant illustrations by Tony Ross.



Sir Lenny Henry

Last week, some of our children in KS2 were lucky enough to meet Sir Lenny Henry CBE at Stratford Town Hall. As part of his tour promoting his new children's book 'Clash of the Super Kids', Sir Lenny discussed what had inspired him to become an author and what impact he hoped his books would have on the children who read them. The children then had an opportunity to ask Sir Lenny questions before meeting the man himself and getting their books signed. This was a unique opportunity for our pupils and they all came away from it full of inspiration and enthusiasm to write their own stories.



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Tomato Pasta	Chicken Sausage in a Roll with Potato Wedges	BBQ or Lemon Herb Chicken with Seasoned Potatoes	Chicken Korma with Rice	Fishfingers with Chips
Vegetarian Choice	Cheesy Swirl with New Potatoes	Loaded Jackets	BBQ or Lemon Herb Quorn with Seasoned Potatoes	Veggie Meatballs with Rice	Cheese Omelette with Chips
Sides	Vegetables Of The Day	Vegetables Of The Day	Vegetables Of The Day	Vegetables Of The Day	Vegetables Of The Day
Dessert	Carrot Cake	Apple Crumble and Custard	Fruit Medley	Chocolate Drizzle Cake with Chocolate Sauce	Vanilla Shortbread

Jacket Potatoes, Salad Selection, Fresh Fruit and Yoghurt are available every day. Baguettes/Sandwiches are also available. All meat is halal